

# Pure Glutamine

Pharmaceutical grade and 100% pure, BSc's Micronised L-Glutamine is one of the highest quality Glutamine supplements on the market. Tested and trusted by Australia's best athletes, this powder is free from additives and is powerfully potent.

Are your workouts particularly strenuous? Do you need to stay on top of your game week after week? Is enhanced and effective muscle recovery important to you?

Glutamine is involved in maintaining an acid-base balance in your body, along with nitrogen supply and protein synthesis. It is also the principal metabolic fuel for the cells of your intestine and immune system, so it plays an important role in the maintenance of your healthy gut function and immune health.

Commonly used to help improve muscle function, decrease fatigue and improve recovery in athletes, BSc's L-Glutamine contains no additives, no caffeine and is free from banned substances. All you get is 100% pure and potent, pharmaceutical grade L-Glutamine in every serve.

## Available Flavours



Natural

## ACTIVE INGREDIENTS

**L-Glutamine** – L-Glutamine is an amino acid found in high levels in the body, mainly in skeletal muscle. The functions of Glutamine in the body include acid-base balance, nitrogen supply and protein synthesis. Glutamine is also the principle metabolic fuel for cells of the intestine and immune system, so it plays a role in the maintenance of healthy gut function and immune health. Glutamine is commonly used as an ergogenic aid for exercise performance enhancement. It is used to improve muscle function, decrease fatigue and improve recovery in athletes participating in strenuous activity.



## KEY BENEFITS

- Pharmaceutical grade Micronised L-Glutamine
- Zero gluten
- Zero fillers
- GMO free
- Muscle recovery
- Increase cellular hydration
- Immune support
- Aid athletic performance
- Reduce fatigue
- Improve muscle function

## NUTRITION INFORMATION

Serving per package: 131

Serving size: 1.9g

	Avg Qty Per Serve 1.9g	Avg Qty Per 100g
Energy	31.7 kJ	1668.7 kJ
Providing Calories	7.6 cal	399 cal
Protein	1.9g	99.8g
Fat, Total	0g	0g
- Saturated	0g	0g
Carbohydrate	0g	0g
- Sugars	0g	0g
Sodium	0.04 mg	2.2 mg
L-Glutamine	1.9g	100g

100% Pharmaceutical Grade L-Glutamine