



## One-A-Day Milk Thistle 42000 Capsules

THOMPSON'S | TMMILKT60

ALWAYS READ THE LABEL. FOLLOW THE DIRECTIONS FOR USE. For product specific label WARNINGS please refer to product section below.

### BENEFITS

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Thompson's One-A-Day Milk Thistle 42000 contains a high strength milk thistle extract formulated for convenience with a One-A-Day dose. Milk thistle is used:

- To aid the natural cleansing processes of the gut, to help with body waste elimination
- As a source of antioxidant to help protect body cells from free radical oxidative damage

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Milk Thistle is also traditionally used in Western Herbal Medicine to:

- Enhance liver health & promote healthy liver function
- Support healthy digestive system function
- Relieve digestive discomfort

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## SUITABLE FOR

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- Individuals who overindulge and seek a supplement to support liver function
- Those who seek a supplement to support their liver health
- Individuals who seek a supplement to aid digestion
- Those who suffer from or prone to symptoms of indigestion

## DIRECTIONS FOR USE

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- Adults: Take one capsule daily (with food), or as professionally prescribed.

## WARNINGS

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If symptoms persist consult your healthcare professional.

## NO ADDED

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- Gluten
- Lactose
- Nuts
- Shellfish
- Sugar
- Dairy
- Egg
- Fish
- Sesame seeds
- Soya bean
- No artificial colours or flavours
- Vegetarian/Vegan friendly

PACK SIZES

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- TMMILKT60 - 60 capsules

ACTIVE INGREDIENTS

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Active Ingredients per Capsule:

derived from herb seed dry	42g (42000mg)
std. to contain Flavanolignans calc. as Silybin	420mg