



**High-potency 1-a-day**  
multi containing **vitamins**  
and **minerals**. Suitable for  
**men and women.**

## KEY BENEFITS

- ✓ Helps maintain good health and supports healthy ageing
- ✓ Contains ingredients which support healthy immune function
- ✓ Contains antioxidants

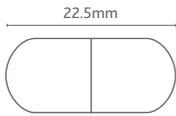
## PRODUCT FEATURES

- ✓ High-potency vitamin and mineral formula for deficiency states
- ✓ Iron-free formula
- ✓ Suitable for men and women

Always read the label. Follow directions for use. Vitamin and mineral supplements should not replace a balanced diet. Made in Australia.

## ACTIVE INGREDIENTS

Each tablet contains: Betacarotene 3mg; Retinol palmitate 1.1mg, equiv. to Vitamin A 2000IU or 600micrograms RE; d-alpha Tocopheryl acid succinate 82.6mg, equiv. to Vitamin E100IU; Colecalciferol 5micrograms, equiv. to Vitamin D3 200IU; Thiamine hydrochloride (Vitamin B1) 30mg; Riboflavin (Vitamin B2) 20mg; Nicotinamide (Vitamin B3) 100mg; Nicotinic acid 5mg; Calcium pantothenate (Vitamin B5) 100mg, equiv. to Pantothenic acid 91.61mg & Calcium 8.4mg; Pyridoxine hydrochloride (Vitamin B6) 50mg, equiv. to Pyridoxine 41.14mg; Folic acid 400micrograms; Cyanocobalamin (Vitamin B12) 100micrograms; Biotin 100micrograms; Choline bitartrate 25mg; Inositol 25mg; Phytomenadione (Vitamin K1) 50micrograms; Taurine 100mg; Glutamine 50mg; Lysine hydrochloride 50mg; Lycopene 2mg; Rutoside 15mg; Citrus bioflavonoids 50m; Calcium ascorbate dihydrate 110mg, equiv. to Ascorbic acid 90.87mg & Calcium 10.3mg; Calcium citrate tetrahydrate 84mg, equiv. to Calcium 17.7mg (Total equiv. Calcium 36.4mg); Magnesium amino acid chelate 90mg, equiv. to Magnesium 18mg; Zinc amino acid chelate 75mg, equiv. to Zinc 15mg; Potassium iodide 50 micrograms, equiv. to Potassium 11.8 micrograms and iodine 35.2 micrograms; Silica - colloidal anhydrous 32.1mg (equiv. to Silicon 15mg); Manganese amino acid chelate 20mg, equiv. to Manganese 2mg; Borax 4.41mg, equiv. to Boron 500micrograms; Chromium nicotinate 500micrograms, equiv. to Chromium 50micrograms; Cupric sulfate-pentahydrate 196.5micrograms, equiv. to Copper 50 micrograms; Potassium iodide 50micrograms, equiv. to Iodine 38.2micrograms; Molybdenum trioxide 50micrograms, equiv. to Molybdenum 33.3micrograms; Selenomethionine 124.2micrograms, equiv. to Selenium 50micrograms and dry herbal extracts: Marigold (Tagetes erecta) flower 20mg min. dry equiv 100mg Std. to Lutein 1mg



NO artificial colours, flavours, sweeteners, gluten, wheat, nuts, added yeast and dairy.

## DOSAGE

Adults: Take 1 tablet once daily with food.

## BACKGROUND INFORMATION

While we all know how vital it is to consume a healthy, balanced diet, the day-to-day reality is that doing so is often hard to manage – especially if dieting, living a busy lifestyle, eating on the run, or if you are one of the millions of Australians who doesn't eat certain food groups for ethical or health reasons.

Research from the Australian Bureau of Statistics indicates that more than 90% of us don't manage to consume as many vegetables as we should every day, and that only around half of us eat the recommended two daily servings of fruit.

Dietary habits like these may mean some people may be missing out on key micronutrients; vitamins and minerals.

Fusion® Multi Vitamin & Mineral Advanced has been formulated to provide key nutrients when dietary intake is inadequate.

Always read the label. Follow directions for use. Vitamin and mineral supplements should not replace a balanced diet. Made in Australia.



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## COMPANION PRODUCTS

**Probiotic Advanced** - Supports healthy digestive and immune function.



**OceanPure Fish Oil** - Highly concentrated omega-3 fish oil to help maintain heart, brain, joint, skin and eye function.