

A herbal aphrodisiac formula to help enhance sexual vitality in women and men and relieve fatigue and mild anxiety based on use in traditional Chinese medicine

KEY BENEFITS

Contains herbs traditionally used in traditional Chinese medicine (TCM) to help relieve symptoms of:

- ✓ Reduced sexual vitality
- ✓ Fatigue
- ✓ Mild anxiety
- ✓ Headache
- ✓ Urinary frequency in men
- ✓ Lower back and knee pain

Traditionally used in TCM to tonify Kidney *Yang*, fortify essence (*Jing*), and benefit the Liver.

PRODUCT FEATURES

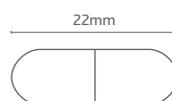
- ✓ Formulated according to the principles of TCM to strengthen the *Yang* and move the flow of *Qi* (energy)
- ✓ High quality herbal extracts
- ✓ Suitable for both men and women

ACTIVE INGREDIENTS

Each tablet contains extracts equivalent to:

Tribulus (<i>Tribulus terrestris</i>) fruit	2.5g
Horny goat weed (<i>Epimedium sagittatum</i>) leaf	2.25g
Morinda (<i>Morinda officinalis</i>) root	1.15g
Curculigo (<i>Curculigo orchioides</i>) root	750mg
Schisandra (<i>Schisandra chinensis</i>) fruit	350mg

Suitable for vegetarians and vegans. NO artificial colours, flavours or preservatives, gluten, wheat, nuts, dairy or animal products.



DOSAGE

Adults: Take 1-2 tablets once daily.

CAUTIONS/CONTRAINDICATIONS

- Not recommended during pregnancy and breastfeeding.

Always read the label. Follow the directions for use. If symptoms persist, worsen or change unexpectedly, talk to your health professional. Made in Australia.

BACKGROUND INFORMATION

TCM AND LIBIDO

In TCM, the Kidney organ-meridian plays a vital role in reproductive and sexual health, because it is the source of the opposing forces of *Yin* and *Yang*. These forces exist in balance in both men and women and regulate the ebb and flow of *Qi* (energy) throughout the body.

Deficiency of Kidney *Yang* in either men or women is often associated with exhaustion, and may lead to low libido and a lack of sexual desire.

Liver *Qi* stagnation is equally a factor and the Liver is said to govern the genital region.

In TCM the Liver and Kidney are intimately connected and often disordered together.

On the other hand, a man who is deficient in Kidney *Yin* may experience reduced sexual potency, perhaps manifesting as low stamina. In women, Kidney *Yin* deficiency may cause feelings of fatigue, overwhelm and restlessness, and consequently little interest in intimacy.

HERBS TO SUPPORT HEALTHY LIBIDO



Tribulus together with horny goat weed are used in TCM to calm the liver and strengthen Kidney *Yang*. Tribulus is also used in TCM to help relieve a headache.



Horny goat weed is traditionally used in TCM as an aphrodisiac to enhance sexual vitality in women and men. It's also used in TCM for symptoms of lower back and knee pain, forgetfulness and to unblock the flow of *Qi* (energy).

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Morinda is traditionally used in TCM as a Kidney *Yang* tonic for both men and women.

It's used in TCM to support bone health and reduce symptoms of urinary frequency in men.



Curculigo is traditionally used in TCM as an aphrodisiac to enhance sexual vitality in women and men and for the symptoms of urinary frequency in men.



Schisandra is traditionally used in TCM as an adaptogen to enhance resistance to (physical and emotional) stress and for the symptoms of fatigue and mild anxiety.



COMPANION PRODUCTS

Kidney Tonic - With herbs to help relieve symptoms of fatigue and reduced sexual vitality in TCM.



Energy - With herbs used to boost energy and help manage fatigue in TCM and Western herbal medicine.